



Gleneagles Hospital

CHENGDU

鹰阁医院

企业健康管理方案

Corporate Health and Wellness Program

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为什么要管理员工的健康？ The importance of managing employee health

研究表明，员工的健康状况直接影响他们的工作行为、出勤率和表现。解决员工的身心健康和情绪问题，可以令他们在工作中投入更多精力。
Studies show that employees' health directly affects their work behavior, attendance and performance. Solving employees' physical and emotional health problems can help them put more effort into their work.



改善员工健康
Improve health



降低医疗成本
Reduce healthcare cost



提供生产效率
Improve efficiency



提升员工士气
Improve morale

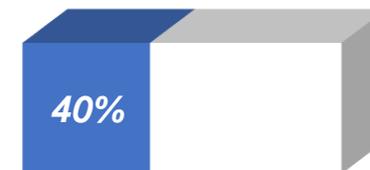


增加投入产出比
Improve ROI

为什么要管理员工的健康？ The importance of managing employee health

我们将与您共同制定员工的健康管理方案，通过改善员工的身心健康，提升公司业绩。
We will work together with you to develop corporate health program to promote the company's performance by improving the physical and mental health of employees.

有数据显示，企业员工的健康状态会直接影响公司的整体业绩。
Data show that the health of employees will directly affect the overall performance of the company.



大多数疾病是可以避免的：**70%**的医疗索赔都是由超重、高血压、缺乏运动、高胆固醇和吸烟等引起的，而这些行为其实是可以纠正的。
Most diseases can be avoided. **70%** of medical claims are caused by obesity, high blood pressure, physical inactivity, high cholesterol and smoking, that can be changed.

投资回报率 (ROI)：办公室健康改善项目可以减少旷工和医疗费用支出，节省费用与项目支出费用平均比例为**6:1**。
ROI: Office health improvement programs can reduce absenteeism and medical expenses, the average ratio of savings to expenses is **6:1**.

当员工身心健康处于理想状态时，他们的工作业绩比不健康的员工高出**40%**。
If employees were in ideal physical and mental health, they perform **40%** better than the unhealthy.

企业会员服务

Corporate Membership Service

范围 Range	合作企业的员工和企业VIP客户群 Employee and VIP customers of corporate
识别 Identification	企业员工工牌 Staff card
费用 Cost	合作企业签约免费申请加入 Free application for corporate membership
权益 Privilege	企业健康管理专属方案制定 Develop exclusive program for corporate health management
	所有以现金/信用卡支付的医疗服务费用享受95折优惠 5% discount on healthcare services, apply only to cash/ credit card payment at the time of service
	每年免费提供1场企业专场医学科普讲座 One free medical lecture in corporate each year
	企业专属定制体检套餐 Customized health screening check package for corporate
	共享医院合作伙伴的折扣 Share discounts with hospital partners
	就诊快速预约，免停车费 Make a quick appointment. Free parking
不适用范围 Inapplicable range	以下项目不适用医疗服务费用折扣： 特殊套餐、限时促销、活动礼券、社保支付、药品及消耗品 Discount is not applicable on below medical service, Special packages, time-limited promotions, event coupons, social insurance payments, medicines and consumables



医疗紧急救护/ 紧急反应计划 Medical first aid/ emergency response plan



员工营养健康建议 Nutrition and health advices for staffs



现场医疗服务 On-site medical service



降低传染性或其他疾病风险 Reduce the risk of infectious or other diseases

企业体检方案

Health screening check

市面上的体检真的都可靠吗？

鹰阁医院 Gleneagles Hospital Chengdu

其它体检机构 Others

便捷 Convenient	<ul style="list-style-type: none"> ✓ 全程一对一引导服务，以客户为中心的流程设计 ✓ 可提供电话一对一解读报告服务，便携并注重隐私 	<ul style="list-style-type: none"> x 无专人引导，以科室最优效率安排体检流程 x 无解读报告，或者集体解读报告，无隐私保护
人性 Considerate	<ul style="list-style-type: none"> ✓ 可安排企业体检专场，避免人多杂乱，专属的等候区避免拥挤 ✓ 注重客户体验，温热耦合剂，体检过程中更多关爱 ✓ 预留足够的时间为每一位客户，注重客户心理需求，排除客户疑虑 	<ul style="list-style-type: none"> x 拥挤的体检人群 x 无人性化服务，只注重快速流程 x 无对客户解释的时间
可靠 Reliable	<ul style="list-style-type: none"> ✓ 临床医生与客户一对一健康问询。综合病史全面评估身体状况，对健康隐患、疾病风险给出专业建议 ✓ 环境清洁，院感控制严格，消毒严密，一客一套一次性用品，流程控制，杜绝交叉感染 ✓ 国际医疗集团背景，60年临床管理经验 	<ul style="list-style-type: none"> x 无综合评估流程，不知晓客户综合的身体情况 x 无法到达医院标准的院感控制 x 无集团统一管理
专业 Professional	<ul style="list-style-type: none"> ✓ 严格遵循JCI国际医疗质量管理标准 ✓ 严格依据国际医学惯例及准则选择恰当的健康评估项目，遵从循证医学，为客户严格把关 ✓ 负责健康管理项目团队均由丰富临床经验的医护团队组成，涵盖外科、妇科、内科、眼耳鼻喉科等。 	<ul style="list-style-type: none"> x 无统一质量管理体系 x 项目盲目追求多，并不是遵循循证医学标准 x 许多体检医生已经脱离临床

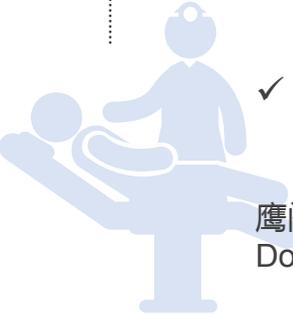
企业体检方案

Health screening check

Is the health screening check reliable on market?

Gleneagles Hospital Chengdu		Others
便捷 Convenient	<ul style="list-style-type: none"> ✓ One-to-one guidance service, customer-centric process ✓ Provide one-to-one telephone report explanation service, private with convenient 	<ul style="list-style-type: none"> x Without guidance, base on hospital process priority x Without report explanation, or collective explanation with no privacy
人性 Considerate	<ul style="list-style-type: none"> ✓ Special service for corporate customers with exclusive waiting area, avoid crowd disorderly ✓ Provide warm ultrasound coupler, more care during the process ✓ Reserve enough time for each customer, attention to the psychological needs, eliminate doubts 	<ul style="list-style-type: none"> x Crowded people x Without humanized service, only focus on the rapid process x Without answering doubts
可靠 Reliable	<ul style="list-style-type: none"> ✓ One-to-one clinical consultation with comprehensive medical history to assess the overall physical condition, give medical professional advice to health and disease risks ✓ Clean environment with strict infection control and disinfection, one customer for one set of disposable supplies, process control for preventing cross-infection ✓ 60 years of clinical management experience with international medical group background 	<ul style="list-style-type: none"> x Without comprehensive evaluation process x Unable to reach standard infection control x No group management
专业 Professional	<ul style="list-style-type: none"> ✓ Strictly follow JCI international medical quality management standard ✓ Select appropriate examination items in strict accordance with international medical practices and standards, follow evidence-based medicine ✓ The team in charge of the health management project is composed of the medical team with rich clinical experience, covering surgery, gynecology, internal medicine, ophthalmology, otolaryngology and so on. 	<ul style="list-style-type: none"> x Without unified quality management system x Pursue more checking items without evidence-based medical standards x Many medical examiners are out of clinical practice

医护人员现场入驻 On-site medical staffs



✓ 医生（全科或专科）定期前往贵司坐诊 Doctor (GP or specialist) can visit your company regularly

鹰阁医院的医生咨询可以根据雇员时间来进行调整。
Doctor's consultation from Gleneagles Hospital can be adjusted according to employee hours.



✓ 护理人员现场入驻 On-site nursing staffs

提供日常疾病和创伤处置，预防常规感染，进行急救等；
我们的医疗团队管理层包括首席医疗官、首席护理官在内，均可在全面医疗指导和管理层面进行支持。
Provide daily management of illness and trauma, prevention of routine infections and first aid.
Our medical team management, including the chief medical officer and nursing director, can provide comprehensive medical guidance and management support.



✓ 特殊事件医疗及急救支持，包括急救应对计划及救护车服务 Medical and first aid support for special event , including emergency response plans and ambulance services

无论是体育赛事、管理层或官方访问、室内竞赛、夏令营或者展览活动，我们都可以按需提供现场应急方案；
我们可以在活动开始前帮助贵司创建医疗急救应对计划，并指派医生、护士和医疗救护车在现场就位。
We can provide on-site contingency plans as needed, whether it is a sporting event, a management or official visit, an indoor competition, a summer camp or an exhibition.
We can help your company create a medical emergency response plan before the event, assign doctors, nurses and medical ambulances to be in position at the event.

现场急救及心肺复苏术 (CPR) 培训

First aid and cardiopulmonary resuscitation (CPR) training

在紧急状态下如何通过实用技术做出反应，保护员工及家人的安全，可根据您的需求颁发各类美国心脏协会AHA Heartsaver® 的急救证书。

Learn how to protect your employees and families by responding with practical technology in an emergency. We can provide trainings and issue American heart association (AHA) Heartsaver ® first-aid certificates based on your needs.

下列培训形式可供选择

The following forms of training are available

- 急救及CPR 讲座，包括如何呼救、采用CPR 急救，在救援赶到前照顾患者，以及如何应对窒息等基础知识
First aid and CPR health talk, including basic knowledge of how to call for help, use CPR first aid, care for the patient before help arrives, and how to deal with choking.

- 急救及CPR 课程及证书
First aid and CPR courses and certificates

通过与医生的互动式健康讲座，全年持续改善员工健康状况。每次讲座时长为1-2小时，包含问答环节。我们将帮助您组织定期的健康讲座，以下健康讲座主题可供参考，除此之外，我们还可以提供其他综合或专科健康主题讲座。

Continue to improve employee health throughout the year through interactive health talks with doctors. Each lecture is 1-2 hours long and includes a Q&A session. We will help you to organize regular health talks. The following health talk topics are for your reference. In addition, we can also provide other comprehensive or specialized health talks.

压力控制及情绪管理

Stress control and emotion management

- 找回热情，实现目标，保持身心活力。
- Find passion and achieve goals, keep body and mind active.

了解各项健康指标

Know the health indicators

- 为什么监测这些重要指标是通往理想健康状态的第一步。了解体检的重要性，这些数字又说明了什么。
- The importance of monitoring these indicators is the first step to keep health. Understand the importance of health screening check and what these indicators show.

流感预防

Flu prevention

- 流感不等于重感冒，它具有高感染性，并会导致严重的并发症。了解如何与家人共同预防流感并阻断其传播。
- Flu is not a bad cold. It is highly infectious and can lead to serious complications. Learn how to work with your family to prevent and stop the spread of influenza.

体重控制及能量营养基础

Weight control and nutrition management

- 平衡饮食和足够的饮水可以增加能量供给和思维创造性。了解高效工作和维持最佳体重的基本原理。
- Keep a balanced diet and drinking plenty of water can increase energy supply and creative thinking. Understand the basics of working effectively and maintaining an optimal weight.

中医提升抵抗力

Improve immunity by TCM

- 正确的认识中医，利用中草药提升抵抗力。
- Understand Chinese medicine and the use of herbal medicine to improve immunity.

THANK YOU

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